

Course Description: Manual Physical Therapy for Sacrum and Pelvis

The use of manual therapy as an intervention within the physical therapy plan of care is well established as safe and effective across various patient populations and age groups. This course will provide a review of anatomy of a common area of restriction and dysfunction. The sacrum and its relationship to the pelvis and lumbar spine are often a focus of physical therapy intervention in the patient with both primary and compensatory mobility impairments. This course will present gentle positional techniques that use the patient's active muscle contraction force to release restrictions and promote enhanced normal joint motion. This course is for physical therapists and physical therapist assistants.

This course involves laboratory practice and therefore is limited to a maximum of 25 participants. The first 25 participant registration received will be accepted into the course.

A request for 7 Category "A" education hours has been submitted to the OSBMLS PT Committee for review.

Course Outcomes:

Upon completion of this course, the participant will . . .

1. Assess position, alignment, and function of the SI joint.
2. Describe dysfunctions of the sacrum and pelvis that contribute to pain and malalignment.
3. Treat common dysfunctions of the SI joint using safe manual techniques.

Agenda: Saturday 2-25-17

9:00 -10:15	Sacral Anatomy
10:15 - 10:30	Break
10:30 - 12:00	Instruction & lab: Assessing function of SI
12:00 - 12:30	Lunch provided
12:30 - 2:30	Instruction & lab: Sacral mobilizations
2:45 - 5:00	Instruction & lab: treating pelvis

Presenter: Jess Olson, DPT has over 20 years of professional experience. He has extensive post graduate education in manual therapy techniques and significant experience in manual therapy techniques in various patient populations including the frail elderly patient. He is a part time instructor in the Murray State College Physical Therapist Assistant Program.

Location: The course will be held at Murray State College in Tishomingo, OK. The physical therapist assistant program is located in the Nursing and Allied Health building located on South Byrd Street in the Nursing and Allied Health Building.

For more information please contact: Gary Robinson - PTA Program Director - (580) 387-7441 / grobinson@mscok.edu

Registration Form

Manual Physical Therapy for Sacrum and Pelvis

2-25-17

This course has been submitted for consideration by the PT Committees of OSBMLS for **7 CEU** Hours.

Name: _____

Phone: _____

Address: _____

E-mail: _____

Cost of Attendance

- PT/PTA -----\$200.00
- PTA Graduate of MSC PTA program -----\$100.00
- MSC Clinical Instructor * -----\$100.00

** Clinical Instructors who are currently scheduled to take students or have taken a student within the prior year.*

Registration includes Certificate of Completion, course handouts, and lunch.

TOTAL _____

Payment needs to be received to confirm your place in the course. The first 20 confirmed registrations received in the program office will be included in the course.

*Please make check out to: **MSC Foundation – PTA Account.*** If you desire to pay by credit card, this needs to be done to secure your place in the course. Instructions on paying by credit card are posted on the MSC PTA program Continuing Education web site.

All proceeds from this course go to support the MSC-PTA Program

Mail Registration/Payment to:

MSC-PTA Program

Att: Gary Robinson, MS, PT, PCS - Program Director

One Murray Campus NAH #108

Tishomingo, OK 73460

Email Contact: grobinson@mscok.edu

Fax: (580) 371-9844 Att: PTA Program